

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Spring Silver Menu 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Macaroni Pastitsio *	Chicken Chow Mein * with Egg Noodles	Roast Pork * with Roast Potatoes and Gravy	Beef Cobbler * with New Potatoes	MSC Fish Fingers Chipped Potatoes, Tomato Sauce
Week 1	Vegetarian	Wholemeal Spinach & Tomato Quiche with New Potatoes	Lentil & Sweet Potato Curry with Rice	Vegetarian Wellington with Roast Potatoes	Cheese, Tomato & Red Peppers Pizza	Vegetarian Sausage with Chipped Potatoes
01-Jan						
22-Jan						
19-Feb		Sweetcorn Green Beans	Peas Cauliflower	Carrot Swede Mash	Sweetcorn Broccoli	Baked Beans Garden Peas
12-Mar	Dessert	Wholemeal Peach Crumble & Custard	Fruit Yoghurt and Shortbread	Fruit Salad	Jam Sponge with Custard	Apple Flapjack
Week 2	Main	Pork Sausages * with Mash & Gravy	Wholemeal Chicken * and Red Pepper Pizza	Roast Turkey * with Roast Potatoes & Gravy	Lamb Lasagne *	MSC Battered Fish Chipped Potatoes, Tomato Sauce
Week 2	Vegetarian	Vegetable Wholemeal Pasta Bake	Vegetable Pasty with New Potatoes	Mixed Vegetable Loaf with Roast Potatoes	Lentil & Vegetable Curry with Rice	Cheese Tomato & Spinach Frittata with Chipped Potatoes
08-Jan						
29-Jan		Peas Roasted Vegetable Medley	Sweetcorn Broccoli	Cabbage Carrots	Sweetcorn & Peas Mixed Cauliflower	Baked Beans Garden Peas
26-Feb						
19-Mar	Dessert	Lemon & Mixed Berries Cake	Pineapple Upside Down Cake & Custard	Oaty Cookie with Yoghurt	Apple & Raisin Strudel with Custard	Chocolate and Orange Brownie
Week 3	Main	Beef Burger * with Oven Baked New Potatoes	Turkey & Leek Pie * with Mash Potato Topping	Roast Chicken * & Stuffing with Roast Potatoes and Gravy	Beef Tortilla Stack * With Rice	MSC Salmon Fish Fingers, Chipped Potatoes, Tomato Sauce
Week 3	Vegetarian	Chick Pea Aloo Chaat with Rice	Mixed Bean Cassoulet with Rice	Bean & Vegetable Hotpot	Macaroni Cheese with Topped Tomato	Cheese & Tomato Pizza
15-Jan						
05-Feb		Broccoli Sweetcorn	Cauliflower Green Beans	Shredded Cabbage Carrots	Roasted Vegetable Medley Sweetcorn	Baked Beans Garden Peas
05-Mar						
26-Mar	Dessert	Carrot & Sultana Cake with Custard	Wholemeal Mixed Fruit Crumble with Custard	Jelly with a Side of Mandarins	Chocolate Cookies with Yoghurt	Lemon & Cucumber Cake

* On the menu indicates a Halal meat option is also available on that day
Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh Fruit and Yoghurt

